

## ANNOUNCEMENTS

- ※ Church luncheon today at 12:30 PM.
- ※ Mr. Sau Wing Lam is preaching today in the Chinese service.
- ※ Church Picnic: Saturday, June 1, at Alta Loma Park, South San Francisco.
- ※ Church Retreat: Thurs to Sun, Aug 1 - 4. English Speaker: Pastor Wayne Hu; Chinese Speaker: Pastor Laurence Fung (Junie Collins is our retreat director). Registration forms are available on the church website.
- ※ Chinese Christian Union Holy Week and Easter services poster is on the bulletin board. The Board of Directors will meet at our church on Tuesday, 2 PM.

## Activities of the Church

Holy Communion Sunday	1 <sup>st</sup> Sunday of the month
English Worship Service	Sunday 9:30 am
Cantonese Worship Service	Sunday 11:00 am
Children's Ministry	Sunday 11:00 am
Chinese Adult Bible Study Fellowship	Sunday 9:45 am
English Adult Sunday School / Fellowship	Sunday 11:00 am – 12:30 pm
College/Post- College Sunday School	Sunday 10:30 am – 12:30 pm (4/FI.)
Maranatha Fellowship	Sunday 10:30 am (4/FI.)
Elementary Sunday School	1 <sup>st</sup> and 3 <sup>rd</sup> Sunday 11:00 pm
Chinese Prayer Meeting & Bible Study (Online)	Thursday 8:15 pm – 10:00 pm
Post-College Fellowship / Prayer Meeting	Friday 7:30 pm
Chinese Young Adult Fellowship	Friday 7:30 pm
Chinese Praise Team Rehearsal	Friday 8:30 pm
Church Luncheon	3 <sup>rd</sup> Sunday of the month
Children Art Class	Saturday 10:30 am – 12 pm
Ping Pong	Tues 1 – 3 pm; Thurs 3 – 4:30 pm



## Chinese United Methodist Church

3/17/2024

English Sunday Service at 9:30 am  
Cantonese Sunday Service at 11:00 am



Jesus said to her, "I am the resurrection and the life.  
The one who believes in me will live, even though  
they die.

(John 11:25)

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## Service Program

Praise Time	Praise Team
Scripture Reading	Praise Team
	Jeremiah 31:31-34 Hebrews 5:5-10 John 12:20-33
Welcome & Announcements	Rev. William Cheng
Pastoral Prayer	Rev. William Cheng
Message	Rev. William Cheng
	“Preparation”
Song of Response	Praise Team
Benediction	Rev. William Cheng

## Lent Season

Lent Season reminds us with self-denial, self-sacrifice, fasting and spiritual meditations. It is forty days ahead of the Easter (the fasting of Moses, Elijah and Jesus were forty days), excluding Sundays. The first day in Lent is called ‘The Ash Wednesday’ (It was 2/14 this year). Putting ash on one’s head is an act showing repentance for sins in the Old Testament times.

There are 5 Sundays in the Lenten era. The first 3 Sundays remind the Christians to rely on God’s help in times of testing. The 4<sup>th</sup> Sunday is called ‘Refreshment Sunday’. Its theme is concentrated on ‘waiting for the Lord to renew our strength.’ The period from 5<sup>th</sup> to 6<sup>th</sup> week is called ‘Passiontide’. The 6<sup>th</sup> Sunday is known as ‘Passion Sunday’ or ‘Palm Sunday’. The following week is ‘Passion Week’ reminding us that Jesus Christ was going to sacrifice Himself for our sins.

The Lenten season is a period of spiritual growth and renewal, providing an opportunity to deepen our relationship with God and to journey with Jesus through his suffering, death, and resurrection. It serves as a meaningful preparation for the joyous celebration of Easter, which commemorates the central event of our Christian faith—the resurrection of Jesus Christ from the dead.