

ANNOUNCEMENTS

- ※ Tai Chi class will begin on Wednesday, March 6, at 10 AM in the fellowship hall. Please sign up with Edward Wong.
- ※ Evangelistic Movie, "Son of God," with Chinese captions. Sunday, March 10, 1:30 PM.
- ※ Mr. Sau Wing Lam will preach on Sunday, March 17, in the Chinese service. After church luncheon, there will be a seminar with Mr. Lam at 1 PM.
- ※ Church Picnic: Saturday, June 1, at Alta Loma Park, South San Francisco.
- ※ Church Retreat: Thurs to Sun, Aug 1 - 4. English Speaker: Pastor Wayne Hu; Chinese Speaker: Pastor Laurence Fung.



Edward & Christin Wong

Activities of the Church

Holy Communion Sunday	1 st Sunday of the month
English Worship Service	Sunday 9:30 am
Cantonese Worship Service	Sunday 11:00 am
Children's Ministry	Sunday 11:00 am
Chinese Adult Bible Study Fellowship	Sunday 9:45 am
English Adult Sunday School / Fellowship	Sunday 11:00 am – 12:30 pm
College/Post-College Sunday School	Sunday 10:30 am – 12:30 pm (4/F1.)
Maranatha Fellowship	Sunday 10:30 am (4/F1.)
Elementary Sunday School	1 st and 3 rd Sunday 11:00 pm
Chinese Prayer Meeting & Bible Study (Online)	Thursday 8:15 pm – 10:00 pm
Post-College Fellowship / Prayer Meeting	Friday 7:30 pm
Chinese Young Adult Fellowship	Friday 7:30 pm
Chinese Praise Team Rehearsal	Friday 8:30 pm
Church Luncheon	3 rd Sunday of the month
Children Art Class	Saturday 10:30 am – 12 pm
Ping Pong	Tues 1 – 3 pm; Thurs 3 – 4:30 pm



Chinese United Methodist Church

3/3/2024 **Holy Communion**

English Sunday Service at 9:30 am
Cantonese Sunday Service at 11:00 am



Jesus said to her, "I am the resurrection and the life.
The one who believes in me will live, even though
they die.

(John 11:25)

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Service Program

Praise Time	Praise Team
Scripture Reading	Praise Team
	Exodus 20:1-17 John 2:13-22
Welcome & Announcements	Rev. William Cheng
Pastoral Prayer	Rev. William Cheng
Message	Rev. William Cheng
	“Cleansing”
Holy Communion	Rev. William Cheng
Song of Response	Praise Team
Benediction	Rev. William Cheng

Lent Season

Lent Season reminds us with self-denial, self-sacrifice, fasting and spiritual meditations. It is forty days ahead of the Easter (the fasting of Moses, Elijah and Jesus were forty days), excluding Sundays. The first day in Lent is called ‘The Ash Wednesday’ (It was 2/14 this year). Putting ash on one’s head is an act showing repentance for sins in the Old Testament times.

There are 5 Sundays in the Lenten era. The first 3 Sundays remind the Christians to rely on God’s help in times of testing. The 4th Sunday is called 'Refreshment Sunday'. Its theme is concentrated on ‘waiting for the Lord to renew our strength.’ The period from 5th to 6th week is called ‘Passiontide’. The 6th Sunday is known as ‘Passion Sunday’ or ‘Palm Sunday’. The following week is ‘Passion Week’ reminding us that Jesus Christ was going to sacrifice Himself for our sins.

The Lenten season is a period of spiritual growth and renewal, providing an opportunity for us to deepen our relationship with God and to journey with Jesus through his suffering, death, and resurrection. It serves as a meaningful preparation for the joyous celebration of Easter, which commemorates the central event of our Christian faith—the resurrection of Jesus Christ from the dead.